



# Troop 103 - Menu Ideas



## Breakfast

<b>Main Dish:</b>	Eggs Pancakes	Breakfast Burritos French Toast	Egg McMuffins
<b>Side Dish:</b>	Bacon Hash Browns	Muffins Sausage	Pastries Cereal
<b>Fruit:</b>	Bananas	Apples	Grapes
<b>Drinks:</b>	Milk	OJ	Fruit Juice

## Lunch

<b>Main Dish:</b>	Sandwiches (bread): * Ham, Turkey, cheese (condiments: mayo, lettuce, tomatoes, pickles, onions, etc .) * Peanut Butter and Jelly Hot Dogs (with buns) and condiments: mustard, ketchup, grated cheese, onions, etc .		
<b>Side Dish:</b>	Chips		
<b>Fruit:</b>	Bananas	Apples	Grapes
<b>Drinks:</b>	Milk	Soda	Juice (Apple Juice, OJ)

## Dinner

<b>Main Dish:</b>	Spaghetti Chicken Parmesan Pizza	Chili Dogs Pita Pockets	Hot Dogs Stew
<b>Side Dish:</b>	Chili	Garlic Bread	
<b>Vegetables /</b>	Green Salad		
<b>Fruit:</b>	Bananas	Apples	Grapes
<b>Drinks:</b>	Milk	Soda	Juice (Apple Juice, OJ)

## Desserts / Cracker Barrel

Crackers	Cheese	Salami
Cobbler	Brownies	Huge Muffin
Cookies	Ice Cream	Candy